

Montpelier Schools Menu 2018-2019



Monday Tuesday Wednesday Thursday Friday

MACARONI & CHEESE Green Beans Fruit HS-Pretzel Milk	PANCAKE WRAP Potato Smiles Fruit Milk	PEPPERONI PIZZA POCKET Romaine Side Salad Fruit Milk	HOT DOG ON BUN Carrots Fruit Milk	FIESTA FRIDAY FAJITA CHICKEN W/ MEXICAN RICE Corn Chips/Salsa Fiesta Beans Pineapple, Milk
LASAGNA ROLL-UP Bread stick Steamed Carrots Fruit Milk	BBQ PORK SANDWICH Corn Warm Apples Milk	CORN DOG Baked Beans Fruit Milk	FISH STICKS Broccoli w/Dip Fruit Milk	FIESTA FRIDAY FIESTADA PIZZA Fiesta Blend Vegetable Fruit Milk
DELI HAM ON PRETZEL BUN Lettuce/Cheese/Tomato Seasoned Fries Apple Slices w/Carmel Dip Milk	TURKEY & GRAVY OVER BISCUIT Broccoli w/Cheese Peaches Milk	GRILLED CHICKEN SANDWICH Lettuce/Tomato Celery w/Peanut Butter Fruit Milk	GRILLED CHEESE Tomato Soup Fresh Fruit Milk HS-Cherry SideKick	FIESTA FRIDAY CHEESE QUESADILLA Fiesta Beans Fruit Milk
ROTINI W/MEAT SAUCE Bread stick Romaine Side Salad Fruit Milk	FISH SANDWICH Baked Beans Fruit Milk	BBQ CHICKEN PIZZA Steamed Cauliflower Fruit Milk	SALISBURY STEAK Dinner Roll Mashed Potatoes Fruit Milk	FIESTA FRIDAY NACHOS W/MEAT & CHEESE Salsa Cup Fruit Slushy, Milk HS-Cherry Side Kick
CHILI CHEESE WRAP Red/Orange Pepper Strips Fruit Milk	SAUSAGE SANDWICH Au Gratin Potatoes Fruit Milk HS- Cheese Stick	PEPPERONI PIZZA Broccoli w/Dip Fruit Milk	STIR FRY CHICKEN & RICE Far East Vegetable Blend Fruit Milk	FIESTA FRIDAY TACO SALAD Cheese/Tomato/Tortilla Chips Kidney Beans Apple Slices w/Carmel Milk, HS-Graham cracker
CHICKEN FRIES Green Beans Pears Milk	BBQ RIB ON HOAGY BUN Carrots w/Dip Fruit Milk	CHILI W/STUFFED BREAD STICK Romaine Side Salad Fruit Graham Snack Milk	CINNAMON FRENCH TOAST Hash Brown Rounds Fruit Juice, Milk K-8-Yogurt/HS-Banana	FIESTA FRIDAY TACO PIZZA Refried Beans Fruit Milk

Breakfast <u>Monday</u> Egg & Cheese Stuffed Bread stick Fruit Juice/Milk <u>Tuesday</u> Cereal w/Yogurt Fruit Juice/Milk <u>Wednesday</u> Blueberry Muffin Fruit Juice/Milk <u>Thursday</u> Cereal w/Yogurt Fruit Juice/Milk <u>Friday</u> French Toast Sticks Fruit Juice/Milk

Please follow the 6 week cycle menu by matching the color coded week and day to the corresponding calendar below

*Breakfast is served daily from 7:45 am to 8 am
 *Money may be deposited online or brought into school in an envelope labeled with student's FULL name and ID#
 *Free and reduced lunch forms are available in the main office and cafeteria

Prices
 Breakfast ~ \$1.00
 Lunch grades K-8 ~ \$2.50
 Lunch grades 9-12 ~ \$2.75
 Adult lunch ~ \$3.00
 Choice of milk ~ \$.50

*MENU IS SUBJECT TO CHANGE
 This institution and the USDA are equal opportunity providers.

*For information regarding your child's account or to make an online deposit, please visit the school website @ www.montpelier.k12.oh.us

2018

2019

August							September							October							November							December							January							February							March							April							May																												
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